

Summer 2021 - The Islington Townhouse - Allergen Matrix

Name of Dish	S u l p h i t e s	G l u t e n	F i s h	M o l l u s c	C r u s t a c e a n	M i l k	L u p i n	C e l e r y	E g g	M u s t a r d	N u t	P e a n u t	S e s a m e	S o y a
Anytime, Anywhere & Starters														
Pork & smoked cheese sausage roll, Colman's English mustard	YES	WHEAT				YES		YES	YES	YES			YES	
Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip	YES					YES								
Scotch egg, piccalilli	YES	WHEAT				YES		YES	YES	YES				
Hippo 'filthy gorgeous' fries, pulled pork belly, garlic aioli, smoked cheese, Chef Lee's hot sauce	YES					YES			YES					
Oak smoked salmon, celeriac rémoulade, wild herbs, crispy kale, pickled cucumber, pumpkin seeds	YES		YES						YES	YES				YES
Pork belly bites, apple sauce	YES													
Homemade soup of the day, toasted sourdough (v)		WHEAT				YES								
Roasted red pepper hummus, toasted pitta (v)	YES	WHEAT												
Salads														
Classic Caesar, baby gem, anchovy, crispy streaky bacon, soft boiled hen's egg, crouton, dressing		WHEAT	YES			YES			YES	YES				
Sweet potato & avocado salad, rocket, spinach, turmeric bulgur wheat, roasted red pepper hummus, apple cider vinaigrette (vg)	YES	WHEAT						YES		YES				
Main Courses														
Harissa 12-hour marinated ½ Shropshire chicken, super greens salad, turmeric bulgur wheat, garlic aioli	YES	WHEAT							YES	YES				YES
Line-caught sustainable fish & chips, tartare sauce	YES	WHEAT	YES						YES					

